



## CANDIDATE FOR AAPI BOARD OF TRUSTEES

# SASHI KUPPALA, MD, MS

Dr. Sashi Kuppala is a board-certified physician in neonatology and anti-aging and regenerative medicine. He also holds a Master's degree in Healthcare Quality and Safety Management. He is based in Louisville, Kentucky. He is a long-standing life member of the American Association of Physicians of Indian Origin and has been actively involved in the organization since 2016. He attended several governing body and annual meetings, including serving as Co-Chair of the 2025 annual convention in Cincinnati.

He has been chairing AAPI's Stem Cell Drive Project since its inception, which has conducted more than 75 drives across the United States and is now expanding to India in collaboration with the Global Association of Indian Medical Students.

Dr. Kuppala is an alumnus of Rangaraya Medical College in Andhra Pradesh and the immediate past president of the Rangaraya Medical College Alumni of North America.

Outside of medicine, he enjoys global travel and high-altitude hiking. His hiking and climbing resume includes the Everest Base Camp, Tour du Mont Blanc, Pikes Peak, Mount Whitney, Mount Rainier, Mount Baker, Kilimanjaro, and Aconcagua.

He is currently writing a book about his personal journey of reversing biological age through science-based lifestyle changes. His wife, Kavita, also a physician, leads AAPI's Women's Forum. They have two children: Shamitha, who recently graduated from college, and Ashwin, a high school junior.